

National Data:

- Nationally, an estimated 3% of adults are current smokeless tobacco users; with use much higher among men (6%) than women (0.4%).

Source: Substance Abuse and Mental Health Services Administration. Results From the 2005 National Survey on Drug Use and Health: Detailed Tables. Rockville, MD: Substance Abuse and Mental Health Services Administration, Office of Applied Studies; 2006.

Data from the report: Assessment of Factors Related to Smokeless Tobacco Use in Alaska

- Approximately 5% of Alaskan adults use smokeless tobacco – with approximately 3% using it exclusively and 2% using in combination with cigarettes.
- Younger men, employed and living outside of an urban area (Anchorage) show an increased rate of SLT use. Men who are former smokers are also at increased risk.
- Alaska Native men of both older and younger age use SLT at high rates
- Dual use of cigarettes and smokeless tobacco has increased six fold in smokers over the last decade. Exclusive use of smokeless tobacco has declined 2-3%.

Source: Alaska Department of Health and Social Services. *Assessment of Factors Related to Smokeless Tobacco Use in Alaska*. Anchorage, AK: Section of Chronic Disease Prevention and Health Promotion, Division of Public Health, Alaska Department of Health and Social Services; June 2008.

Data from the report: Alaska Tobacco Facts 2009 Update

- Younger Alaskans ages 18-44 are significantly more likely to use smokeless tobacco than those who are aged 45 and older.
- Alaskans in the Southwest Region are significantly more likely to use smokeless tobacco than those in any other region.
- Overall, use of smokeless tobacco among high school students dropped from 15.6% in 1995 to 10.4% in 2007, due to the decline in boys' use of smokeless tobacco during this time.
- Alaska Native girls have a higher prevalence of smokeless use (16.4%) than White (3.9%) or Other Race girls (4.2%).
- Smokeless tobacco use decreased for White students between 1995 and 2003, but there was no significant change between 2003 and 2007.

Source: http://www.hss.state.ak.us/DPH/chronic/tobacco/alaska_tobacco_facts.pdf

Data from: 2006-2008 Combined BRFSS

- SLT use is as high among Alaska Native women as it is among non-Native men.
- Among Alaska Native adults, adults age 30-54 are more likely than either younger or older adults to use SLT
- Among non-Native adults, adults ages 55 and older are the least likely to use SLT but prevalence does not differ between adults 18-29 and 30-54.
- Among non-Native adults, SLT use is higher among current smokers; among Alaska Native adults this pattern is reversed, with SLT use highest among never smokers and former smokers.
- Iq'mik is used almost exclusively by Alaska Native adults and 95% of Iq'mik use occurs in Southwest Alaska.
- Among Alaska Native adults, 66% of women who use SLT use Iq'mik, compared to 26% of men who use SLT.

Source: Alaska Behavioral Risk Factor Surveillance System, 2006-2008 Combined Surveys